

Trauma & Eating Disorders



Instructor: Gabrella Grant, MA

This training provides a review of the copious research into trauma and the development of eating disorders, disordered eating, and obesity. Tools, such as the Kids' Eating Disorder Survey, EAT-26 screen, and the ACE questionnaire, will be provided.

Participants will learn how to integrate eating disorder and obesity prevention and intervention in a variety of social service settings.

Learning Objectives:

- Discuss the cultural influences of eating disorders.
- Compare prevalence rates of ED by gender and ethnicity.
- Review the criteria for DSM-V Feeding and Eating Disorders and emerging issues.
- Discuss the body of literature on trauma and Eating Disorders.
- Describe obesity as a trauma symptom.
- Apply the Central trauma Roles schema to the disorder and treatment.
- Identify a specific evidenced-based practice that addresses the co-occurrence of Trauma/PTSD and eating disorders.

Location: Rustin Conference Center, Room 1051

Date: March 17, 2020

Time: 9:00AM – 4:00PM (Registration begins at 8:30AM)

RUHS-BH Staff - Please register for this course via COR at <http://corlearning.rc-hr.com>

All other interested partners, please visit www.rcdmh.org/wet

Continuing Education Credits:

This course meets the qualification for **5.5** Continuing Education (CE) credits.

Riverside University Health System-Behavioral Health (RUHS-BH) is approved by the American Psychological Association to sponsor continuing education for Psychologists. Board of Behavioral Sciences accepts continuing education credit for LCSW/LMFT/LPCC from the Riverside University Health System-Behavioral Health (RUHS-BH) as approved by the American Psychological Association to sponsor continuing education.

California Consortium of Addiction Programs and Professionals (CCAPP), IN-98-402-1221.

This is an ADA compliant facility. If you require accommodations, please contact the Rustin Conference Center at (951) 955-7270, two weeks prior to the date of the workshop.